

Avoiding Falls Avoids So Much More



Falls are the leading cause of injury-related death among adults age 65 and older¹

At BAYADA, we are committed to keeping seniors safe with a comprehensive, **two-tiered approach to personalized fall risk assessment and supervision.**



First, a BAYADA RN Clinical Manager examines all the potential dangers and suggests strategies for keeping seniors safe.



Second, the BAYADA Home Health Aide understands and maintains this level of safety at every visit.

7 Senior Safety Tips

- ✓ Remove throw rugs
- ✓ Clear the clutter
- ✓ Put grab bars in shower
- ✓ Put handrails on stairways
- ✓ Stay fit with balance and strength training
- ✓ Never walk in stocking feet
- ✓ Use night lights



¹ Centers for Disease Control and Prevention (CDC)

Visit bhhc.co/personalcare to learn how BAYADA can help you or your loved one stay safe and independent at home.

