

Doctor Visit Checklist - My Medical Visit Plan

Appointment Date: _____ Appointment Time: _____

Physician Name: _____ Specialty: _____

Reason for Visit: _____

VITALS

Height		Weight	
Blood Pressure		Pulse Rate	
Glucose Level		Temperature	
Pulse Oxygen Level		Other	

SYMPTOMS/CHANGES

SPECIALIST/HOSPITAL VISITS (since last appointment)

TESTS/LAB WORK ORDERED

Test Ordered: _____ Date/Time: _____

Location: _____

Necessary Prep: _____ Reason: _____

Test Ordered: _____ Date/Time: _____

Location: _____

Necessary Prep: _____ Reason: _____

Medication Management

Name: _____

Date: _____

	Medication	Reason	Prescriber	Dosage	Pharmacy	Notes
Morning ☀						
Afternoon 🌤						
Evening 🌙						
Night Time 🌃						
As Needed 🤝						